

NTNC: Entrepreneurship, Networking, Communication course**13-17/5/2019****Trainer: Betty Aggeletaki****General Programme****Monday - Friday**

09:00 – 10:30	Training
10:30 – 10:45	<i>Coffee break</i>
10:45 – 12:15	Training
12:15 – 12:30	<i>Coffee break</i>
12:30 – 14:00	Training

Daily programme**Monday**

- Welcome
- Presentation of participants
- Expectations from the training
- Introduction of content, training methods and material
- Entrepreneurial spirit
- Lateral & Vertical thinking Perception
- Brainstorming, six universal questions, six hats thinking
- Evaluation of an idea. Elevator presentation
- SWOT Analysis, GANTT, PERT
- Business Plan
- Review the day

Joint dinner (seafood): Meeting at 19:15 at IDEC, walk of Piraeus and dinner at Mikrolimano by the seaside.

**Please wear comfortable shoes (30-40 minutes walking).*

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Tuesday

- Stress Management
- Stress in work place
- Reaction to stress
- BEC Anxiety Inventory Test, Rosenberg test
- Relaxation techniques, Review Stress management
- Discipline & Persistence
- Goal Settings
- Setback
- Conflict Management
- Conflict Management Techniques /4 scenarios-Activities
- Conflict Management, Types, Causes
- Review of the day

Cultural activity: Starting from Piraeus. Visit to the Acropolis hill, the Parthenon and the Acropolis museum. Transportation to/from Athens and tickets to Acropolis hill and Acropolis museum are not included.

**Please wear comfortable shoes. The transfer will be done by taxi in order to have enough time for the tour before the sights close. The taxi cost will be covered by the participants (around 3€-4€ per person).*

Wednesday

- Management Style
- Network for management of business activities
- Concept map
- Organization of information
- Learning plan-Learning Style
- Problem Solving
- Review of the day

Thursday

- Different forms of thinking
- Communication
- Strategic communication
- Communication style
- Communication video
- Strategic communication
- Communication Competences
- Expressing agreement and disagreement -Feedback
- Review of the day

Joint dinner (meat platters): Meeting at 20:00 at Monastiraki. Dinner with live Greek music.

Friday

- Complain management
- Review of models and techniques SMART, GROW, SIX HAT ETC
- Review of the units. Each participant will present the point that finds more interesting and more effective for his/her job.
- Evaluation of the training course
- Assessment and certificates
- Closure and farewell

**Training Course “New Teachers for New competences –
Entrepreneurship, networking, communication”, 13-17/5/2019**

Cultural Programme

Monday 13/5/2019

Joint dinner (seafood, e.g. octopus, squid, muscles) in AMMOS Restaurant (Akti Koumoundourou 44, Pireas 18533).

Meeting point: Savoy Hotel at 19:15. We will walk 30-40 minutes to go to the restaurant (see the map 1).

Tuesday 14/5/2019

Guided tour* in Athens: Visit to the Acropolis museum, the Acropolis hill and the Parthenon. Duration: 3 hours. (Tickets to Acropolis hill [20 EURO] and Acropolis museum [10 EURO] are not included.)

Meeting point: At the parking place of the “Dionysos” restaurant, opposite to the Acropolis main entrance

Meeting time: 15:30

Transportation to Athens: The transfer can be done either by metro or by taxi. The transfer cost will be covered by the participants. The metro costs 1,4€ one way and the taxi costs around 4€-5€ per person.

****Please wear comfortable shoes, a hat and sunblock.***

Thursday 16/5/2019

Joint dinner (meat platters) with live Greek music. We will meet at 20:00 inside the KOTILI restaurant (Andrianou 41-43, Monastiraki, opposite the Hard Rock cafe), 140m walk from the metro station in Monastiraki (see the map 2).

You can either go by taxi or by metro line M1 to MONASTIRAKI, (see the map 3).

For those who haven't already paid, the cost of the above cultural programme is 80€. You will have to pay this cost on the first day of the training.

Cultural programme cost analysis:

- 1st day: Welcome dinner by the seaside - cost: 25€
- 2nd day: Guided tour in Athens (Akropolis, Museum of Akropolis, centre of Athens – duration 3 hours) with professional guide - cost: 30€. Tickets to Acropolis hill (20 EURO) and Acropolis museum (10 EURO) are not included.
- 4th day: Dinner in Athens with live music (farewell of participants) - cost: 25€

Please inform me if there is any other person accompanying you (e.g. husband, wife, children, etc.) that wish to join the cultural activities.